

# DAILY LENTEN REFLECTIONS

*40 Days 40 Ways*

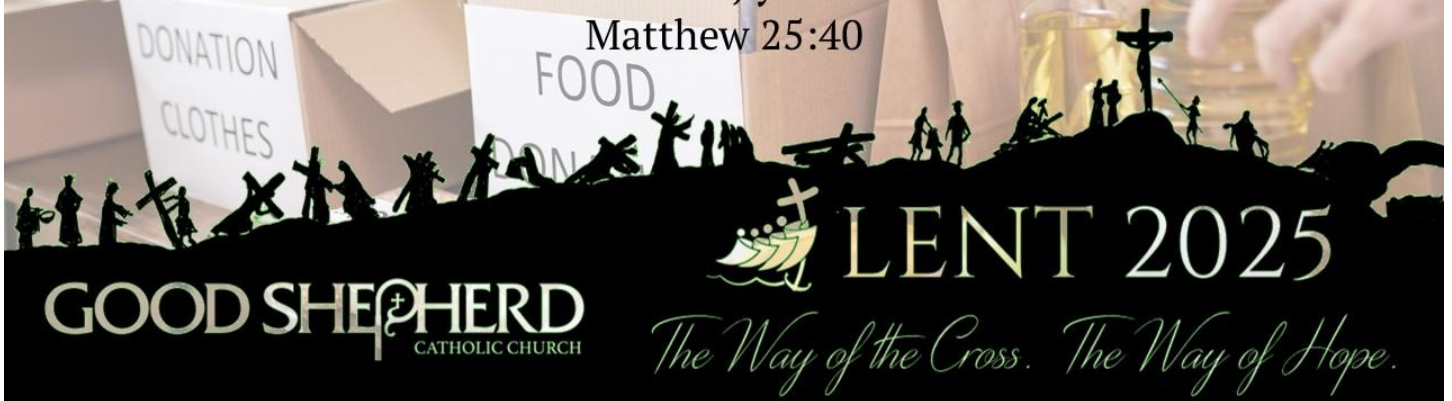
READ REFLECT PRAY DO

MARCH 10, 2025

MONDAY OF THE FIRST  
WEEK OF LENT

Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.

Matthew 25:40



## *Daily Lenten Reflection*

### March 10: Monday of the First Week of Lent

#### READ

"Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me" (Mt. 25:40).

#### REFLECT

Jesus emphasizes how important it is to do good and charitable works for the poor and those who are in need. We can serve the homeless, we can serve the hungry, and we can serve those who are spiritually poor as well. Serving the spiritually poor would mean giving our time to teach and to provide a good example of living the truth of the Gospel.

#### PRAY

Jesus, you provide for every one of my own needs. Help me be your instrument to provide for the needs of others. Amen.

#### DO

Clean one of the crucifixes in your home.