

DAILY LENTEN REFLECTIONS

40 Days 40 Ways
READ REFLECT PRAY DO

MARCH 11, 2025
TUESDAY OF THE FIRST
WEEK OF LENT

Look to him that you may be radiant with joy,
and your faces may not blush with shame

Psalm 34:6



Daily Lenten Reflection

March 11: Tuesday of the First Week of Lent

READ

"Look to him that you may be radiant with joy, and your faces may not blush with shame" (Ps. 34:6).

REFLECT

Jesus reveals to us that God is our father. Our most fundamental identity is that we are beloved sons and daughters of the Father. The Father looks on us with the love that He looks on Jesus, His only begotten Son.

PRAY

Father, I trust in your love for me. Help to remember that I cannot earn your love. Rather, your love for me is a gift, and you will never stop loving me.

DO

Pray today for people who have wounded relationships with their parents. Ask God for the grace of healing in their lives.