

DAILY LENTEN REFLECTIONS

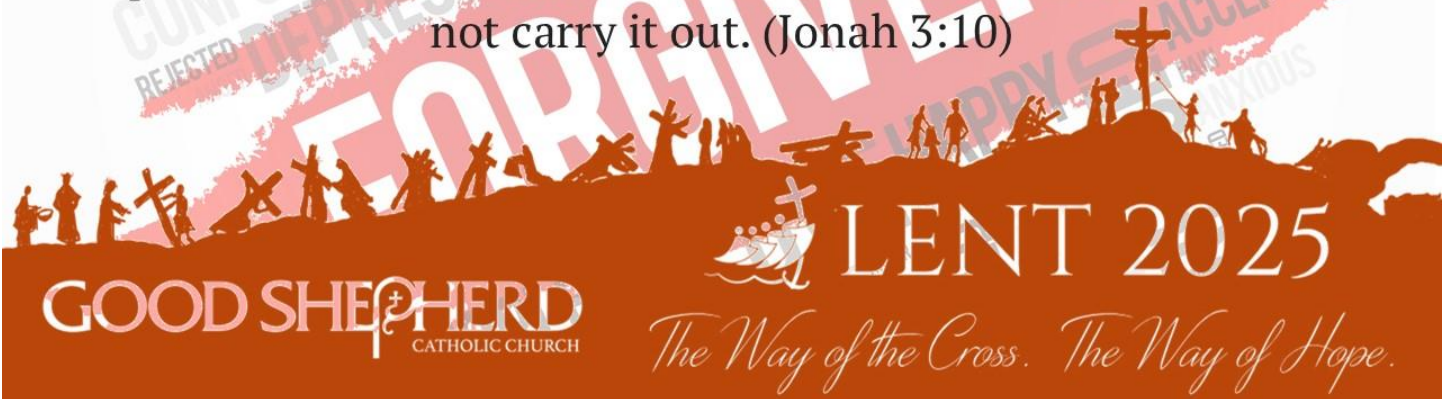
40 Days 40 Ways

READ REFLECT PRAY DO

MARCH 12, 2025

WEDNESDAY OF THE
FIRST WEEK OF LENT

When God saw by their actions how they turned from their evil ways,
he repented of the evil that he had threatened to do to them; he did
not carry it out. (Jonah 3:10) ✝



Daily Lenten Reflection

March 12: Wednesday of the First Week of Lent

READ

“When God saw by their actions how they turned from their evil ways, he repented of the evil that he had threatened to do to them; he did not carry it out” (Jonah 3:10).

REFLECT

As we journey through the first full week of Lent, how is the Father inviting us to trust in him? How have we disposed ourselves to listen to him?

PRAY

Jesus, send forth your Holy Spirit into my heart, so that I may have the courage to do your will even when obeying you would expose me to other people's judgment and ridicule.

DO

Pray a Divine Mercy Chaplet for the people in the world who have no one to pray for them.