

Daily Lenten Reflection

March 13: Thursday of the First Week of Lent

READ

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you" (Mt. 7:7).

REFLECT

Jesus invites us to trust in the loving care that the Father has for each of us. God's silence can be challenging, but it is also an opportunity to grow in holiness because we have to grow in trust.

PRAY

My Lord and my God, I firmly believe that you hear me and that you see me. I adore you with profound reverence and I ask you pardon for my sins.

DO

Read from one of the Gospels for 10 minutes today.