

# DAILY LENTEN REFLECTIONS

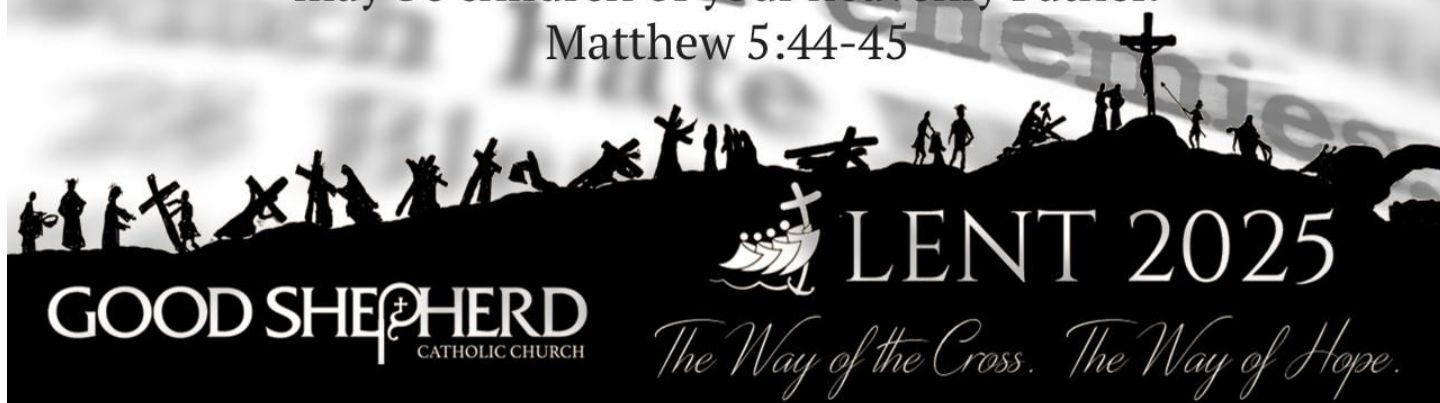
*40 Days 40 Ways*  
**READ REFLECT PRAY DO**

MARCH 15, 2025

SATURDAY OF THE FIRST  
WEEK OF LENT

Love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father.

Matthew 5:44-45



## *Daily Lenten Reflection*

March 15: Saturday of the First Week of Lent

### **READ**

"Love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father" (Mt. 5:44-45).

### **REFLECT**

Jesus commands that we be perfect even as our Father in Heaven is perfect. This does not mean that we should be discouraged when we are not perfect, but rather, it means that we cannot reserve any portion of ourselves away from God. Our life is on God's terms.

### **PRAY**

Jesus, help me to follow your model of love, so that I may be able to see people and to love them with your own love.

### **DO**

Make a good confession this afternoon or another day this upcoming week.