Daily Lenten Reflection

March 16: Second Sunday of Lent

**READ**

“Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him” (Luke 9:32).

**REFLECT**

Just like Peter and the Apostles, we can become weary with the burdens and stresses of our daily lives. We can easily lose touch and become ‘asleep’ to God’s presence in our life. Sin makes us even more forgetful of God’s presence and how active God truly is. It is only through God’s love and grace that we can awake to see the glory of Jesus, and how he transfigures each and every moment of our life to be an opportunity for grace.

**PRAY**

Lord, help me to never forget your presence in each day of my life, help me to grow in gratitude for your love. Amen.

**DO**

Take a moment today and call to mind a particular memory that you have of when you felt God’s peace or present in your life. Invite Jesus into this memory and thank him for it. If no memory comes to mind, share this with Jesus and ask him for the grace of trust.