

# DAILY LENTEN REFLECTIONS

## 40 Days 40 Ways

READ REFLECT PRAY DO

MARCH 8, 2025

SATURDAY AFTER  
ASH WEDNESDAY

If you remove from your midst oppression, false accusation and malicious speech... Then light shall rise for you in the darkness, and the gloom shall become for you like midday (Isaiah 58:9,11)



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#### READ

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#### REFLECT

Your grace, Lord, is the cause of all the good things in our life. You desire us to know you and to love you. When we are generous in our love to you, you outdo us in your generosity to us. Jesus invites us to bear our crosses with him, so that we can share in his resurrection.

#### PRAY

Purify my speech, O Lord. Do not let me use your name disrespectfully and do not let me fall into gossip. Keep me from judging too quickly. Amen.

#### DO

Today, only go online for work or other essential things and not for entertainment.